

## ADHD Medication Prescription Policy

While stimulant drugs have been used safely for the treatment of ADHD for decades, there are protocols we have put in place to properly monitor a child who is taking these medications. These visits allow us to monitor your child for expected responses, side effects, and proper dosage.

**\*\*All children on ADHD medications must be seen by a provider every 6 months.**

**One visit will be for an annual well child physical plus medication monitoring and one visit will be for medication monitoring only.\*\***

**\*\*There will also be a required follow up visit within 4 weeks of starting ADHD medication\*\***

**\*\*Other additional visits may be required\*\***

Stimulants are considered controlled substances; therefore refills cannot be called in to the pharmacy. Please call the office a week before your child's prescription runs out. Your doctor will write a new prescription which you will need to pick up from the office.

Important details:

1. Appointments: Your child is required to have 2 office visits yearly for medication monitoring. These are to be scheduled every 6 months (1 well child physical and 1 medication monitoring visit). It will be the parent's responsibility to schedule these appointments. Your child will need to be current on this appointment schedule in order to get prescriptions for their ADHD medications. If a medication refill is requested and your child has not been seen within the last 6 months, you will be given a 1 month prescription and asked to schedule a visit. No further refills will be given until your child has been seen by their provider and is current for follow-up visits and physicals.
2. Restarting Medications: If your child has been off medications for more than 6 months, he/she will need to be seen by a provider for a follow-up visit before medication will be prescribed. If your child has been off medications for 1 year or more, he/she must be seen for a new evaluation before medication will be prescribed.
3. Prescriptions Will Only Be Written On Weekdays. A parent or their authorized representative (with letter of authorization) may pick up and sign for the prescription. A valid Driver's License is required for pick up of all controlled medications.
4. Lost Prescriptions: We understand that sometimes prescriptions may be misplaced. Due to our liability prescribing these medications, we will not be able to replace lost prescriptions. Repeat loss of prescriptions may require a conference to discuss.
5. When Prescriptions Last Longer Than Expected: If your child's medication supply lasts longer than usual due to school vacations, illness, etc., the timing of office visits does not change. Children will still need to be seen in the office every 6 months per schedule noted above.
6. Mailed Prescriptions: Parents may leave self-address stamped envelopes for prescriptions to be mailed to them.

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I have read and understand my responsibilities according to the ADHD prescription policy at Carolina Pediatrics of the Triad, PA.

Patient Name: \_\_\_\_\_ Staff Initials: \_\_\_\_\_

Parent/Guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_